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## Abstract

The binary Fibonacci sequence is the sequence of 0's and 1's obtained by starting from 0 and iterating in parallel the substitution rules  $0 \rightarrow 01, 1 \rightarrow 0$  infinitely many times: the first construction steps successively yield the binary strings 0, 01, 010, 01001,... (whose lengths are 1, 2, 3, 5, ...). This sequence is in some sense one of the "simplest" non- periodic sequences. It can also be obtained by playing billiard on a square. In this survey we describe some "extremal" properties of the binary Fibonacci sequence and of similar sequences (the *Sturmian* sequences): in particular we recall unexpected inequalities involving these sequences and their shifted sequences.